

Session 6

# The Liturgy of the Mass



# 😊 Connect — Opening Activity

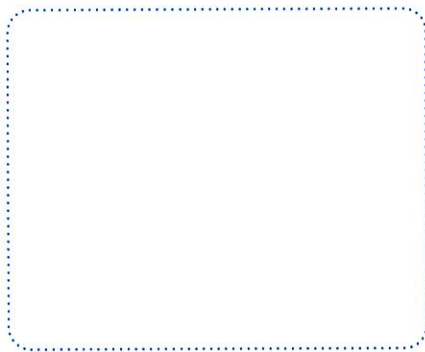
## The Mass Makes Christ Present

Every time we go to Mass, we recall special events in the life of Jesus, and his sacrifice on the Cross is made present.

Put the correct sticker in each box, then draw yourself in the last box showing that at Mass you are truly united to Christ who is made present.



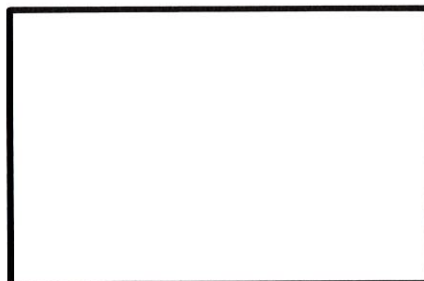
Jesus Died on the Cross



The Last Supper



Jesus Rose from the Dead



Jesus Becomes Present with **You** at Every Mass



# Let's Live It

## The Liturgy of the Mass

At Mass, we really participate in God's saving work! Fill in the missing words below. Then use the circled letters to discover another name for the Holy Mass—and our worship of God both on earth and in Heaven.

1. We go to Mass on Sunday because it is the  \_ \_ \_ \_ , the day of Jesus's Resurrection.
2. At every Mass, Jesus's  \_ \_ \_ \_ on the Cross is made present to us.
3. The Liturgy of the Mass crosses space and time to allow us to  \_ \_ \_ \_ in Jesus's sacrifice.
4. The  \_ \_ \_ \_ was when Christ instituted the Mass.
5. Jesus gave us the Mass when he said, "Do this in  \_ \_ \_ \_ of me."
6. Because Jesus gave us this great gift, we have an  \_ \_ \_ \_ to go to Mass every Sunday.
7. The Mass recalls the important events of salvation  \_ \_ \_ \_ .

**At Mass we worship with the angels and saints in the heavenly**

\_\_\_\_\_ .

### WORD BANK

obligation

sacrifice

Lord's Day

Last Supper

participate

history

remembrance

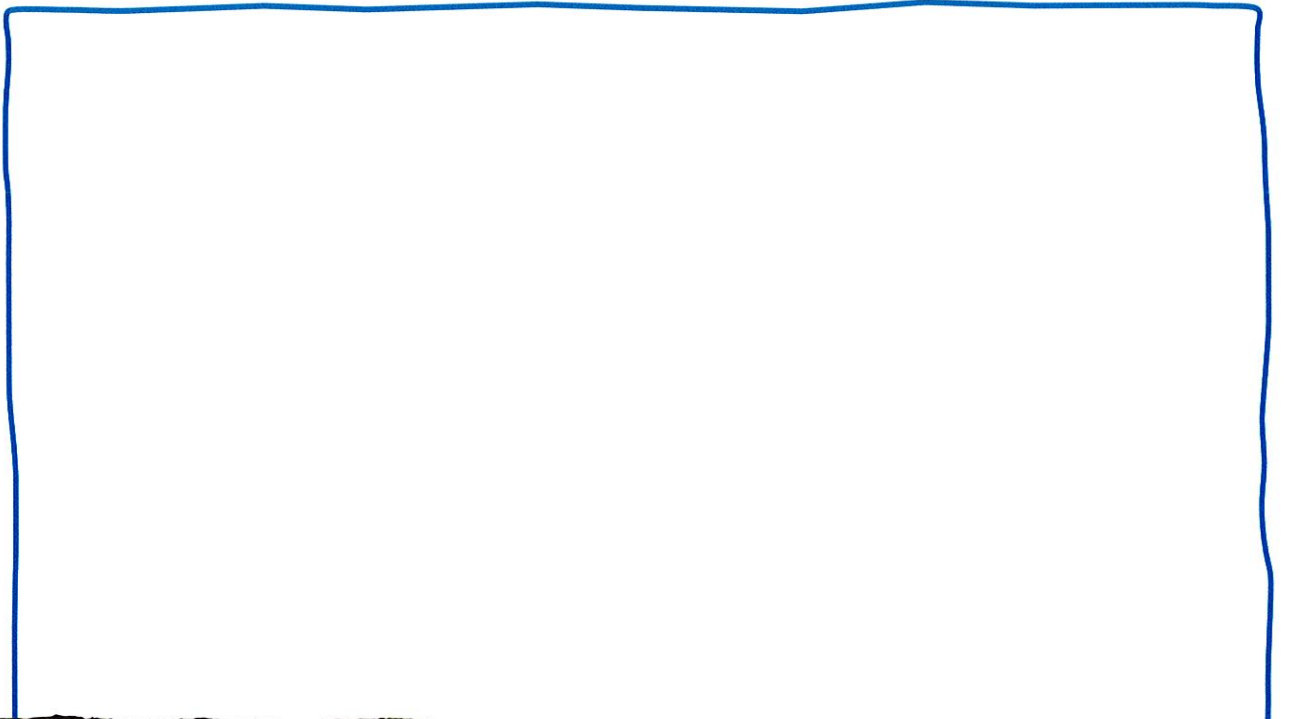
## Keep Holy the Lord's Day!

We learned this week that we should make Sundays very special because it is the Lord's Day. It is the day that Jesus rose from the dead, and that is why we go to Mass on Sundays. In addition to going to Mass, what is one other way that you can make the Lord's Day special? Write your idea on the lines below, and draw a picture.

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### The Third Commandment

*"Remember the sabbath day, to keep it holy."*

—Exodus 20:8

## ✓ Things We Learned This Week

1. The Liturgy of the Mass is our public worship and participation in the work of God.
2. The sacrifice of Jesus on the Cross is made present at Mass.
3. The Mass is celebrated on Sunday because that is the day the Lord was raised from the dead. As Christians, we have the gift and obligation to attend Mass every Sunday and on Holy Days of Obligation.
4. At Mass, we participate in the one sacrifice of Jesus on the Cross, and in Holy Communion we receive the Body and Blood of Christ.
5. Each Mass is a participation in the heavenly liturgy, where we worship God with all the angels and saints in Heaven.

## Let's Talk About It

1. When Jesus gave us the Mass, he told us to “do this in remembrance of me.” Why do you think that Jesus gave us the great gift of the Mass? How does it help us to live a Christian life?
2. Talk about one thing your family can do each Sunday to prepare better for going to Mass.
3. Discuss with your son or daughter how our participation at Mass gives us grace and helps the Scripture become real to us. What are some ways that you can participate fully at Mass?



## Let's Read God's Word

### The Letter of Saint Paul to the Corinthians

The Scripture reading for this week's lesson was from 1 Corinthians 11:23–29. Please take time to read and reflect on this passage as a family.



## ✓ Lo que aprendimos esta semana:

1. La liturgia de la Misa es nuestra adoración pública y nuestra participación en la obra de Dios.
2. La Última Cena, la crucifixión, la resurrección y la ascensión de Jesús al cielo son eventos que se hacen presentes en la Santa Misa.
3. La Misa se celebra los domingos porque es el día en que el Señor resucitó de entre los muertos. Como cristianos, tenemos el don y la obligación de asistir a Misa cada domingo y los días de guardar.
4. En la Misa, participamos en el único sacrificio de Jesús en la cruz, y en la Sagrada Comunión recibimos el Cuerpo y la Sangre de Cristo.
5. Cada Misa es una participación en la liturgia celestial, donde adoramos a Dios con todos los ángeles y santos en el cielo.

## ¡Hablemos Sobre Esto!

1. Cuando Jesús nos dio la Misa, nos dijo que hiciéramos esto en memoria suya. ¿Por qué crees que Jesús nos dio el gran regalo de la Misa? ¿Cómo nos ayuda a vivir una vida cristiana?
2. Platiquen sobre una cosa que su familia puede hacer cada domingo para prepararse mejor para ir a Misa.
3. Habla con tu hijo(a) sobre cómo nuestra participación en la Misa nos otorga gracia y nos ayuda a que las Escrituras sean más reales para nosotros. ¿Cuáles son algunas formas en que puedes participar plenamente en la Misa?



## Leamos la Palabra de Dios

### La Carta de San Pablo a los Corintios

La lectura de las Sagradas Escrituras para la lección de esta semana fue de la 1ª Carta de San Pablo a los Corintios 11:23–26. Por favor tomen tiempo para leer y reflexionar sobre este pasaje en familia.



## Family Fun Activity

This week sit down together to decorate a journal or notebook for each member of the family to take to Mass each week. Encourage each family member to use this during the Mass to note any special thoughts or reflections on the readings or homily. Children can draw the scenes being described in the Scripture stories so that they become more real to them, or they can write a little prayer to Jesus in the quiet time before or after Communion.



## Our Family Prays Together

### A Prayer After Communion

#### Parent:

I believe, O Lord, that you are the Son of the living God.

#### Response:

I believe that you came into the world to save sinners, and I believe that the Eucharist is your Body and Blood.

#### Parent:

Therefore, I pray, have mercy on me and forgive me for sins I have committed,

#### Response:

in my thoughts and in my words, in what I have done, and in what I have failed to do.

#### Parent:

Grant that I may receive you in Holy Communion for the forgiveness of sins,

#### Response:

and let me be united to you, both here on earth, and forever in Heaven.

#### All:

Amen.

## ¡Actividad Familiar Divertida!

Esta semana siéntense juntos a decorar un cuaderno para cada miembro de la familia, que puedan usar cada semana en Misa. Anima a cada miembro de la familia a usarlo durante la Misa, para anotar cualquier pensamiento especial o reflexiones sobre las lecturas o la homilía. Los niños pueden dibujar escenas que se estén describiendo en las historias de las Escrituras, para que sean más reales para ellos, o pueden escribir una pequeña oración a Jesús en los momentos de silencio, antes o después de la Comunión. ¡Recuerda mantener esto breve y hacerlo divertido!



## Joremos Juntos En Familia!

### Oración Antes de la Comunión

#### Papá/Mamá:

Creo, Señor, que eres el Hijo del Dios vivo.

#### Respuesta:

Creo que viniste al mundo a salvar a los pecadores,

y creo que la Eucaristía es Tu Cuerpo y Sangre.

#### Papá/Mamá:

Por eso, te ruego que tengas piedad de mí y que perdones los pecados que he cometido,

#### Respuesta:

de pensamiento, palabra, obra y omisión.

#### Papá/Mamá:

Permite que pueda recibirte en la Sagrada Comunión, para el perdón de los pecados,

#### Respuesta:

y permíteme unirme a Ti, tanto en la tierra como por siempre en el cielo.

#### Todos:

Amén.



## Church Scavenger Hunt List

### ITEMS:

- Altar
- Tabernacle
- Sanctuary
- Tabernacle Lamp
- Ambo
- Pew
- Confessional
- Holy Oils
- Baptismal Font
- Crucifix
- Presider's Chair
- Paschal Candle
- Credence Table
- Mary Statue
- Statues of Other Saints
- Stations of the Cross





**Session 6**  
**The Liturgy of the Mass**

**Flash Cards**

Key Words – Session 6



Liturgy

Liturgy of  
the Mass

Liturgy of  
the Word

Liturgy of  
the Eucharist

Lord's Day

Holy Days of  
Obligation

## Flash Cards

### Key Words – Session 6 (definitions)

The Liturgy which is comprised of the Liturgy of the Word and the Liturgy of the Eucharist.

The words and actions that we use when we worship God and celebrate the sacraments.

The second part of the Mass in which the bread and wine become the Body and Blood of Christ.

The first part of the Mass in which the Word of God in the readings from Scripture is proclaimed.

Feast days that celebrate special events. Catholics are required to attend Mass on these special days.

Another name for Sunday, because the Lord rose from the dead on a Sunday.